

# Communities of Practice

## TCRC Oxnard Office



Communities of Practice (COP), is a great opportunity for TCRC staff, vendors, community members, people we support, and families to gather. In this space, we can all learn something new, take something with us to inspire our work, and leave feeling connected and confident in the supports we provide.

February 5<sup>th</sup> 10:30 am-12:00 pm

### Cookin' Up Good Meetings

We are cookin' up something good! Join us in a conversation about the essential ingredients for positive and productive person-centered planning meetings!

May 21<sup>st</sup> 10:30 am-12:00 pm

### Honoring Culture and Diversity

Join us for a fun and collaborative conversation about how we can use person-centered thinking skills and tools to honor and support a persons cultural values, beliefs, rituals, and routines, then celebrate diversity!

September 3<sup>rd</sup> 10:30 am-12:00 pm

### Good Day VS Bad Day

We have the ability to shape more good days than bad days through the use of person-centered practices, skills, and tools. Let's chat about your good days, and the ones that aren't so great. Then, develop some tools to communicate what is important to and for you in a positive way.

November 19<sup>th</sup> 10:30 am-12:00 pm

### Facilitating Challenging Conversations

Challenging conversations don't always need to end in an eruption of feelings and discomfort. Learn some person-centered thinking skills and tools that can help us all to tackle those challenging conversations we NEED to have to maintain forward progress.

## Questions?

### Contact:

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