

# Communities of Practice

## TCRC Atascadero Office



Communities of Practice (COP), is a great opportunity for TCRC staff, vendors, community members, people we support, and families to gather. In this space, we can all learn something new, take something with us to inspire our work, and leave feeling connected and confident in the supports we provide.

January 15<sup>th</sup> 10:30 am-12:00 pm

### Cookin' Up Good Meetings

We are cookin' up something good! Join us in a conversation about the essential ingredients for positive and productive person-centered planning meetings!

April 2<sup>nd</sup> 10:30 am-12:00 pm

### End of Life Planning for ALL Ages

Come and learn about person-centered thinking skills and tools that can support you and your family in planning for the future. Engage in a conversation about what is important to and for you around end of life planning.

July 2<sup>nd</sup> 10:30 am-12:00 pm

### Rituals and Routines

How do your rituals and routines help you to create more good days for yourselves than bad days? Take some time to talk about these rituals and routines that are important to you, and learn how to honor what is important to and for others!

October 1<sup>st</sup> 10:30 am-12:00 pm

### Facilitating Challenging Conversations

Challenging conversations don't always need to end in an eruption of feelings and discomfort. Learn some person-centered thinking skills and tools that can help us all to tackle those challenging conversations we NEED to have to maintain forward progress.

## Questions?

Contact:

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-or-

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