



# Tri-Counties Regional Center

SAN LUIS OBISPO • SANTA BARBARA • VENTURA

## The Regional Center serving the Central California Coast

### SERVING PERSONS WITH

epilepsy  
intellectual disability  
autism  
cerebral palsy

### MEETING NEEDS FOR

service coordination  
residential care  
prevention programs  
early start programs  
behavior support  
transportation  
healthcare coordination  
day programs  
employment  
family support  
individual training & support



www.tri-counties.org

### who we are

Tri-Counties Regional Center is one of twenty-one non-profit regional centers in California providing life long services and supports for people with developmental disabilities residing in San Luis Obispo, Santa Barbara and Ventura Counties.

### our mission

TCRC provides person and family centered supports for individuals with developmental disabilities to maximize opportunities and choices for living, working, learning, and recreating in the community.

### how we work

We use person centered thinking principles in our work with persons served as well as in our relationships with colleagues and community partners. We live by our mission and vision, adhere to our Code of Ethics, exceed requirements of our performance contract with the state and implement our own strategic and performance plan.

### our stakeholders

Individuals with developmental disabilities, family members, employees, Board members, service providers, Association of Regional Centers (ARCA) Department of Developmental Services, other non profit agencies and community partners.

### what guides our work

The Lanterman Act is part of the Welfare and Institutions Code that regulates supports and services to the developmentally disabled. It states that individuals with developmental disabilities have a right to services and supports to help them live independent and productive lives.

### organizations affected by Lanterman

The Lanterman Act contains provisions for how the State Department of Developmental Services (DDS), which is part of the Health and Human Services Agency, is organized and how it functions. It also includes provisions that govern Developmental Centers (state hospitals), Regional Centers and State Council.

### our reach

We serve almost 11,500 individuals with developmental disabilities with around 280 staff members, 163 of whom are Service Coordinators.

### our funding

Our 2010/2011 fiscal year budget is approximately \$210 million. Ninety-seven (97) percent of our funding is spent on direct services. The remaining 3% covers administration and operations, which we call OPS.

### how we are monitored

TCRC is funded and monitored by the Department of Developmental Services (DDS), with oversight by Tri-Counties Association for the Developmentally Disabled Inc. (TCADD). The regional center is guided by both a Performance Contract with DDS and a Strategic and Performance Plan approved by TCADD.

### the diagnosis breakdown

- Intellectual Disability 65.4%
  - Autism 23.1%
  - Epilepsy 18.7%
  - Cerebral Palsy 14.0%
  - Other 14.2%
- \*some individuals have two or more diagnoses

### status of our caseloads at the end of 2010

- 408 were in the intake process
- 1,936 were under age 3 and being served in Early Start
- 324 were under 3 and being served in the Prevention Program
- 8,958 were on regular caseloads for children and adults
- Of these, 3,777 were on the Medicaid Waiver caseload
- 51 were in developmental centers

### the services needed

The types of services purchased include funds for living arrangements, day program services, transportation, respite, medical and non-medical services and supports. Additional services include speech pathology, occupational and physical therapy, counseling services, clinical psychology, psychiatry, behavior management consultation, home health and homemaker services, nursing, special training for parents, adaptive equipment, medical equipment or supplies and pharmaceutical services.

### trends we foresee

- Increases in services for persons with Autism
- Increases in need for affordable housing for young adults
- Increases in need for support for seniors
- Increases in need for Person-Centered Planning
- Movement of Individuals from the Developmental Centers to the Community

### how we are making a difference

Below are stakeholder responses from our 2010 Satisfaction Survey.

*"If it was not for TCRC it would be devastating for my son. They give support, I don't know what I would have done. I really appreciate that there is an organization like the regional center."* -TCRC stakeholder

*"TCRC has an indispensable value. They have supported me with therapies and personnel since [my daughter] was a child. I am very thankful for them."* -TCRC stakeholder

*"They give me piece of mind."* -TCRC stakeholder

### how legislators can help

Protect services for people with developmental disabilities under the Lanterman Act and ensure that funds are available to provide them with the services and supports needed to fulfill each person's Individual Program Plan as required by the Lanterman Act.